

## **ELECTIVE MODULE FOR NORMAL (TECHNICAL) STUDENTS**

Module Title: Beauty Services

Duration: 30 hours  
(8T 22P)

Pre-requisite: Nil

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### **Aims of Module**

- (i) To create a learning interest in the world of beauty industry and to acquire some basic theory and practical skills in simple facial, makeup, manicure and pedicure treatment.
- (ii) To expose students to a possible career in the beauty industry by providing them with the fundamental skills and knowledge required in beauty services.

### **Learning Outcomes**

At the end of the module, students will be able to:

- (a) Understand the importance of personal grooming and hygiene, code of conduct related to the beauty industry...
- (b) Identify different skin types, conditions and threats to the skin
- (c) Perform facial treatment, basic makeup and manicure and pedicure treatment to clients.
- (d) Understand the knowledge and skills requirements of a beauty therapist.

### **Module Outline**

Students will be trained the importance and ways of maintaining a professional image in the beauty industry, the established code of conduct and professional ethics, range of services and products commonly offered by a beauty centre, analyze the different skin types and conditions, identify the different types of skin care preparations and their respective treatment uses,, correct techniques and sequence of a facial massage, mask application, identify the basic makeup, different types of makeup cosmetics, the purpose of manicure and pedicure, various tools and products used to carry out a manicure and pedicure treatment, the correct procedure for carrying out a proper facial, makeup , manicure and pedicure treatment.

### **Outline of Module Syllabus**

<u>Item</u>	<u>Technical Skills/Knowledge</u>	<u>Instructional Hours</u>
	<b><u>Theory (include practical demonstration and practices also)</u></b> <b><u>- 8 hrs</u></b>	T=Theory P=Practical
1	Understand the importance and ways of maintaining professional image. <ul style="list-style-type: none"><li>- Clean and fresh clothing</li><li>- Clean, tidy hair kept away from the face</li><li>- Neatly manicured nails</li><li>- Appropriate footwear</li></ul>	1 T

2	Maintain code of conduct <ul style="list-style-type: none"> <li>- Clients appropriately greeted</li> <li>- Appropriate form of etiquette in social exchanges</li> </ul>	1 T
3	Provide basic facial treatment <ul style="list-style-type: none"> <li>- Cleansing preparations types and their uses</li> <li>- Exfoliation types</li> <li>- Types and uses of toner and moisturiser</li> </ul>	3 T
4	Provide makeup <ul style="list-style-type: none"> <li>- Cleanse eyes, lips, face and décolleté.</li> <li>- Exfoliate the skin</li> <li>- Tone and moisturiser</li> <li>- Identification of the different components of a basic makeup</li> <li>- Familiarisation and use of foundation, face powder, eyebrow, eye shadow colours, blusher and lip cosmetics.</li> </ul>	1 T
5	Provide manicure and pedicure treatment <ul style="list-style-type: none"> <li>- Purpose of manicure or pedicure treatment</li> <li>- Types and uses of tools</li> <li>- Purpose and correct technique of filing</li> <li>- Massage movements and their effects</li> <li>- Correct technique and sequence</li> </ul>	2 T

**Practical Assignment – 22 hrs**

1	Provide basic facial treatment <ol style="list-style-type: none"> <li>a. Cleanse eyes, lip, face, décolleté with cleanser. Check client's skin type and condition</li> <li>b. Exfoliate the skin</li> <li>c. Apply toner and moisturiser</li> </ol>	7 P
2	Provide basic makeup Familiarisation and use of tools and products <ol style="list-style-type: none"> <li>a. Foundation</li> <li>b. Face powder</li> <li>c. Eyebrow shaping</li> <li>d. Eye shadow application</li> <li>e. Eye liner</li> <li>f. Mascara</li> <li>g. Blusher</li> <li>h. Lip pencil</li> <li>i. Lipstick</li> <li>j. Lip gloss (optional)</li> </ol>	2 P
3	Provide manicure and pedicure Familiarisation and use of tools and equipment	7 P



**Duration**

30 instructional hours

**Certification**

ITE Certification of Attendance will be issued upon successful completion of the course. ITE Certificate of Achievement will be issued upon students meeting the assessment criteria.